



June 9-13

All Saints Episcopal Church
6301 Parkman Place, Cincinnati, OH 45213

\$150 per girl (non-refundable)

Limited space, 12 spots available

9 am – yoga & lesson
10 am – art studio
Noon – lunch
1 pm – quiet meditation
1:30 pm – art studio
4 pm – dismissal

- *My myth banner*
- *Feminine Archetypes*
- *Ancestor Icon*
- *SoulCollage®*
- *Mandalas*
- *Sacred symbols*

mystical girl™

Affirmations of love and grace

Mystical Girl™ is an experimental art retreat designed for girls ages 12 through 15. The retreat is a creative space to nurture girls who are transitioning into their new developing bodies to claim the totality of their beings: body, heart, mind and soul. The path we chose to share about wholeness with girls is the way of the mystic – knowledge through direct experience of the presence of God.

Mixed Media: combines acrylic painting, collage, block printing, polymer clay and reclaimed objects.

All art projects and spiritual lessons will be developed around the concepts of **wholeness** and **vocation** that only can be achieved through the presence of God and integration of one's life.

Hildegard of Bingen will be our guide to the mystical way of being.



Meet the Artist

*Fabricia Duell is an artist, mother, spiritual director and mystic. She is also the founder of **Art as a Spiritual Connection™** – offering a variety of art programs for all ages. She believes that art is for everyone, and is a way in which we draw closer to God. Her preferred art mediums are: acrylic paint, colored pencils, polymer clay, watercolor and collage.*

Monday through Thursday

From 9:00 am to 4:00 pm

Friday – last day

From noon to 7:00 pm

Art show

From 7:00 to 8:00 pm

Provided: art supplies and tools, yoga mat, and daily snacks included.

Required daily: individual labeled water bottle, packed lunch, comfortable shoes, clothes for art, good attitude, and an openness to explore and meet new friends.

On-line registration at:

www.facebook.com/pages/Praxis-Communities-in-Southern-Ohio